Dear Southwest Region Educators and Staff:

Spring Greetings to all!

Thanks to everyone for arranging schedules so our support staff could attend their conference last week. We had a great time! A special thanks to the planning committee of Patty Corfman, Carol Bottoms, Drudy Yoakam, Deb Delp who made it all happen. Thanks to Champaign County for hosting the conference.

**Annual Conference** – Dr. Rennekamp just announced the dates for our 2016 Annual Conference to be held at the Ohio Union. Please hold December 6 and 7, 2016.

**Other Dates to Remember**
- April 1: Signature Program Applications Due
- April 4: A & P Promotion Materials Due
- April 11: Mercer County 4-H Educator Interviews
- April 13: State CED Conference at Ag Admin.
- April 26: State Extension Legislative Luncheon
- April 29: Spring Conference for Educators and Program Staff (not EFNEP or SNAP)

Have a fantastic week! I continue to be overwhelmed with the great work you all are doing. I am in Clark and Logan Counties this week.

Until next time. . . live your life with passion and purpose! You only have one!

Sincerely,
Barbara
"The greatest mistake you can make in life is to continually be afraid you will make one." ~ Elbert Hubbard

"A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty." ~ Anonymous

"The road to success is always under construction." ~ Arnold Palmer

Easy Ways for Teams to Celebrate
Have employees/team members of various cultural groups meet and plan a lunch. Each group contributes a food from their culture. Share traditions and recipes.

Barb Brahm’s Schedule
- March 28 Campus
- March 29 Clark/Logan
- March 30 Campus
- March 31 Delaware
- April 1 Campus
- April 2 Delaware

Happy March Birthdays...
- March 3 Suzanne Mills-Wasniak-Extension Educator, Montgomery County
- March 4 Nancy Lyons, Program Specialist, Montgomery County
- March 10 Patti Holbrook-Office Assistant, Clark County
- March 16 Christy Leeds-Educator/Director, Union County
- March 21 Jenny Even-Extension Educator, Hamilton County
- March 25 Brenda Sandman-Stover-Program Assistant, Greene County

Interested in innovateExtension but aren’t sure what to expect?

Join Ed Techs on Friday, April 4th at 10am for our monthly Coffee Break with an Ed Tech. We’ll be answering all your questions about innovateExtension and provide additional details about the event.

Event registration is officially open. If you haven’t yet registered, click here to do so!

To join the Coffee Break, use this link.

To learn more about First Friday Coffee Breaks, visit the Ed Tech blog and don’t forget to subscribe!
Kim Catchpole is a 4-H Educator at Adventure Central in Dayton, Ohio, where she has worked for ten years serving urban youth through out of school time programs including afterschool, day camp, overnight camp, teen leadership, and workforce preparation. Kim’s work focuses on Environmental Education/ connecting youth and families to nature, STEM, Healthy Lifestyles and Diversity. One of Kim’s favorite experiences during her time with OSU Extension has been serving on the Ohio 4-H Foundation Board.

Kim is a graduate of The Ohio State University, where she majored in English. She completed her Master’s Degree in Recreation and Sports Sciences at Ohio University. She began her professional career working with the Girl Scouts of Western Ohio as a program specialist focusing on outdoor adventure. Kim is also a Registered Yoga Teacher.

Kim is the mother of an active 5 year old daughter named Brooke. Together, they like to swim, practice yoga, run, camp and basically never sit still. This summer they plan to run their second 5K together.
SNAP-Ed Program Coordinator, Erin Fawley, focused it on what is SNAP-Ed and promoting Cooking Matters. She and the entire team, Erin Polston, Aaron Fowler, Debbi Custer, and Natalie Storie did an amazing job! They worked hard making several things for the participants to taste from Cooking Matters including mango salsa, whole wheat pizza, roasted vegetables with chicken, raspberry fizz, and hummus. I was so incredibly proud of the entire team! Here are some pictures from the evening. I thought you might like to see!