Dear Southwest Region Faculty and Staff:

It is another busy week! County visits take me to Adventure Central and Hamilton Counties on Tuesday. Many of our 4-H Educators are up north at their Annual Meeting, so it is quieter than usual on the 4-H scene.

Have a great week! Keep me posted of events you would like me to attend.

Best Regards,
Barb
Thoughts to Ponder

Keep an Attitude of Gratitude

Years ago, I was the public relations director for motivational guru, Zig Ziglar. At the time, he was arguably the best-known, most loved speaker in the world. When audience members heard Zig, they witnessed a man chockfull of energy, vitality and joy. Having worked closely with him and knowing him well, I can tell you that the Zig you saw on stage was the real Zig Ziglar. In fact, I can’t remember ever seeing him when he was not happy and upbeat.

The Zig I knew was one carbonated guy.

Every time Zig answered his home phone, he picked up the receiver and said with gusto, “This is Jean Ziglar’s happy husband!” And he meant it.

Awhile back one of Zig’s closest friends and I were discussing Zig’s aura of happiness. “Completely genuine,” his friend said. “I have never seen him down.” Then he added thoughtfully, but with love, “Hardly what you’d call normal.”

“What’s Zig’s secret?” I asked.

“I think,” he said, “it comes down to feeling grateful. Never met a guy more grateful than Zig. Period.”

You’d think anyone that grateful must have had an easy life. But that’s not so.

Zig started out poor. Dirt poor. His father died when he was six, leaving his mother to raise 11 children alone. The family was virtually penniless. Yet despite their poverty, Mrs. Ziglar instilled a strong work ethic in her children and raised them to believe that both she and God loved them. She also instructed her children to practice saying “please” and “thank you.” Those lessons stuck. Her formula of work, love and faith made their difficult lives easier. Gratitude made their lives enjoyable.

Zig once told me, “When we neglect to require our children to say ‘thank you’ when someone gives them a gift or does something for them, we raise ungrateful children who are highly unlikely to be content. Without gratitude, happiness is rare. With gratitude, the odds for happiness go up dramatically.”

Happy October Birthdays…

- October 1 Susie Broidy-Program Assistant, Clark County
- October 9 Mark Badertscher-Extension Educator, Hardin County
- October 10 Barb Hennard-Extension Educator, Auglaize County
- October 12 Adam Shepard-Extension Educator, Fayette County
- October 20 Melinda Morrison-Educator/Director, Champaign County
- October 21 Brian Raison-Educator/Director, Miami County
- October 24 Beth Miller-Educator/Director, Auglaize County
- October 25 Cheryl Barber Spires-Program Specialist, Region
- October 25 Linda Good-Office Associate, Miami County

Barb Brahm’s Schedule

- October 27 Franklin
  Adventure
  Central/Hamilton
- October 28 Franklin or LHLW
  Conference
- October 29 Vacation
- October 30 Office or Vacation
- October 31
Purpose: The mini grant funds will support collaborative efforts between teams, individuals, or student groups with new projects or ideas that enhance diversity and inclusion. Proposed efforts should be consistent with the missions of Ohio State University and the College of Food, Agricultural, and Environmental Sciences.

http://extensionhr.osu.edu/diversity/diversity.htm
http://cfaes.osu.edu/about-us

Eligibility: Any faculty member, staff member, or students in the college of Food, Agricultural, and Environmental Sciences, including individuals with OSU Extension or OARDC appointments.

Dates:
This RFP released: October 20, 2014
Proposal deadline: November 10, 2014, at 5 PM
Award notice: December 15, 2014
Earliest start: January 1, 2015

Budget and review: Up to $2,500 in direct costs for one year and used by the end of June 30, 2015. Unused funds must be returned. Funds cannot be used for salaries, fringes, or work that would otherwise occur. The Catalyst team may engage other reviewers as needed.

To apply, please submit application to Mark Light light.42@osu.edu a maximum of two pages using the following guidelines:

Principal Investigator (PI) and collaborator names with affiliations and contact information.
Overview of the team diversity and planning process.
  Project idea(s) and their merit
  Plan for ensuring good team collaboration
  Timeline
  Itemized budget noting collaborative activities
  Intended outcome and how it or diversity can be sustained

CVs and references are not required but if included it must be a single PDF file as multiple attachments will be lost.

Awardee responsibilities: A report of results and plans for next steps are sought within 30 days of project end. This report helps you qualify for future competitions and conversely, inadequate reports make future support difficult.

Questions: Contact Mark Light at light.42@osu.edu. Thank you for your interest in diversity enhancement in the College of Food, Agricultural, and Environmental Sciences.
Need more energy? Have this energy drink. If you are playing a sport, you need a sports drink. Really, do we need sport or energy drinks, vitamin waters, or fruit flavored drinks? The advertisers claim we need them. What is truth and what is hype?

Southwest Region Welcomes…
Erin Fawley, Program Assistant, SNAP-Ed, Greene County who started in the Southwest Region on October 20, 2014

Examples of Master Gardeners and their Programs that Help Communities

Several months ago, I was invited by the Ohio Master Gardener Volunteer program to judge their annual Outstanding Master Gardener Volunteer Project. Basically, The Ohio State University’s Master Gardener program invites each county to participate in a contest to recognize individual county Master Gardener Volunteers and the work they do with specific projects.

Business Office Upcoming Events

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<tr>
<td>10/30/14</td>
<td>Pcard Reallocation Deadline</td>
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<td>10/31/14</td>
<td>Report Personal Miles on State Owned Vehicles</td>
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<td>11/01/14</td>
<td>Submit eRequests to renew Purchase Orders for Calendar Year Budgets.</td>
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